

Preventive Care Services

Preventive Services*

With a network provider** the below preventive services are covered at \$0

Visit [healthcare.gov](https://www.healthcare.gov) for a complete list of preventive health services.

Annual Preventive Office Visit

All ages

Breast Cancer Screening

Age and frequency recommendations vary, but benefits cover one screening mammogram each year

Cervical Cancer Screening

Age and frequency varies. Many include a Pap smear with HPV co-testing

Colorectal Cancer Screening

Frequency varies by what type of screening test you get

Vaccines

Doses and age-specific vaccines vary

Cholesterol Screening

Age may vary, covered once every year

Annual Sexually Transmitted Infection (STI) Screening and Counseling **

Adults and adolescents

Non-Preventive Services*

Some Costs May Apply

Visits to address chronic or pre-existing conditions such as:

- Diabetes
- Heart Problems
- Arthritis
- Depression
- Asthma or other chronic lung conditions
- Mental Health

If other health problems are present and addressed at your Annual Preventive Office Visit (e.g., a sore throat), it may be billed as a regular office visit with an associated cost

Testing if a breast lump is found or a follow-up test if screening mammogram is abnormal

Follow-up visits if Pap smear is abnormal

Follow-up diagnostic colonoscopies to address prior findings

Vaccines for travel outside the U.S.

Testing if you have a high-cholesterol diagnosis

Medications to treat an infection (e.g. chlamydia)

Your insurance may cover more services than are recommended. Talk to your doctor about which services you should receive.

* Covered preventive services listed are for the 2023 benefit year and may change after 2023. Some labs, when provided as part of a preventive visit, are covered at 100%. To understand what labs are covered, see plan for details or call Customer Care at 800-279-1301

** Ask your clinic to verify your provider is in-network.

Visit [healthcare.gov](https://www.healthcare.gov) and search “preventive care benefits” to find a complete list of preventive health services.

We are here to help

Call our Customer Care Center at **800-279-1301 (TTY: 711)**